

# EMPOWER



## Parenting on Wheels 2019-2020

We are bringing the information and resources to Mission Elementary Schools

2 Nights

Over the two evenings, we will explore ways to support children's self-regulation and social and emotional development through positive, responsive and attentive relationships.

EMPOWER SESSIONS: (5:00pm – 7:00pm)

- West Heights Community: November 21 and 28 32065 Van Velzen Ave.
- Hillside Traditional: January 21 and 28 33621 Best Ave.
- Mission Central: February 4 and 11 7466 Welton St.



*Light  
Dinner Provided*

*Free  
Child Minding*



Register via email at: [diana.mccall@mpsd.ca](mailto:diana.mccall@mpsd.ca)

We acknowledge these sessions are being held on the Traditional, Ancestral, Unceded, and Shared territories of the Stó:lō people, the Matheqwi, Sq'ewlets, Qwó:lt'el, and Leq'á:mel First Nations.

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